



Welcome to the 2022 Ahwatukee Tidal Waves Swim Team!

Age Requirements

All swimmers must be at least 6 years of age, or entering kindergarten, and no older than eighteen (18) as of June 1, 2022.

Availability

Ages 8 & under: 54 swimmers Ages 9-10: 50 swimmers Ages 11-18: 50 swimmers

Minimum Swimming Qualifications

(Required to perform at the evaluation)

- Swimmers 8 yrs. & Under
 - Safely swim 25 yards
 - Safely kick 25 yards with a kickboard
 - Confidently jump in the deep end of the pool (8 ft)
- Swimmers 9-10 yrs. Old
 - Swim 50 yards freestyle
 - Kick 50 yards freestyle with a kickboard
 - Swim 25 yards backstroke
 - Attempt to swim 25 yards breaststroke
 - Attempt a flip turn and butterfly stroke
 - Confidently jump in the deep end of the pool (8 ft)
- Swimmers 11-12 yrs. Old
 - Swim 75 yards freestyle
 - Kick 100 yards with a kickboard
 - Swim 25 yards of backstroke, breaststroke, and butterfly
 - Attempt a flip turn
 - Confidently jump in the deep end of the pool (8 ft)

Swimming qualifications for ages 13-18 yrs old will be determined on an individual basis. Please don't let the requirements discourage you from trying out, we are happy to work with swimmers to get them ready for the season.

Registration for Returning Swimmers

Registration for **returning swimmers** begins **March 12**.

Parent Meeting for New Swimmers

The parent information meeting for new swimmers will be on March 12 at 10am. This meeting will be held virtually: <https://meet.goto.com/955576325>. You can also dial in using your phone. (For supported devices, tap a one-touch number below to join instantly.) United States: +1 (646) 749-3122; One-touch: tel:+16467493122,,955576325# Access Code: 955-576-325



New Swimmer Evaluation Dates

Evaluations for new swimmers will be held on March 26, April 9, and April 23 (if needed). Please reserve your slot: <https://www.signupgenius.com/go/10C0E4DA4A62CA3FDC07-newswimmer>.

Registration for new swimmers can begin once the swimmer completes their evaluation and is approved by the coach.

Pre-Season Practice Schedule

Pre-season practices: TBD

Once pre-season practice times are finalized, you will be notified via email. There will be two, 45 minute pre-season practices.

Swim Season Practice Schedule

Regular season begins June 1 and ends July 23.

Practice times will be dependent according to age and ability.

- **8 years and under:** T, TH 2:00-3:00pm **or** 3:00-4:00pm **or** 4:00-5:00pm
- **9 - 10 year olds:** M, W, F 3:30-4:30pm **or** 4:30-5:30pm
- **11 years and up:** M, W, F 8:00-9:00am **or** 9:00-10:00am

Swim Meets

Meet Schedule: TBD

Tentatively, there will be Tidal Waves Splash Off, 4 East Valley Swim League Meets, and Club Championship. The set schedule will be emailed when dates are confirmed.

COVID-19 Precautions

Please visit the Center for Disease Control for up-to-date information regarding COVID-19 precautions at www.cdc.gov.

Cost

Training fees per swimmer

- Ages 8 & under: **\$204.00** Ages 9-10: **\$209.50** Ages 11 & up: **\$220.50**

Annual registration per swimmer

- Ahwatukee Board of Management HOA Resident: **\$10.00** Non-Resident: **\$15.00**
Additional Children Discount: **\$7.50**

Team Gear Sales

An email will be sent regarding information about team suits and gear, and when try on suits and fins are available at the community center.

Tidal Waves T-Shirts and Tanks

We will be selling Tidal Waves t-shirts and tanks again this year. Prices are as followed:

- T-Shirt: \$18 + Optional Personalization (+\$6)
- Tank Top: \$20 + Optional Personalization (+\$6)



- Here is the link to order your Tidal Waves gear: <https://forms.gle/o9nsYcF6tssTBuab6>.

Required Equipment

All swimmers are required to have fins, goggles, team swimsuit, water bottle, and swim cap for long hair. Mesh bags for equipment organization are recommended. Please put your name on your equipment.

Note to Parents

Please make sure your swimmer comes to practice with the appropriate equipment and water bottle. Thank you and we look forward to having your child on the Tidal Waves!

Tidal Waves Coaches